

AAPT “BOARD BLAST”—Members Only!

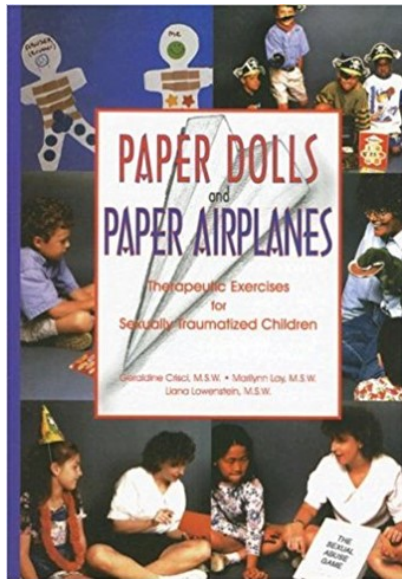
FEATURING COMMENTS FROM: Korinne H. Babel, Ph.D., LPC, NCC
Registered Play Therapist, 2017-18 AAPT President Elect, 2016-17 AAPT Treasurer

BOOK RECOMMENDATION

FOR: Counselors/Therapists/Social Workers

TITLE: Paper Dolls and Paper Airplanes: Therapeutic Exercises for Sexually Traumatized Children

AUTHORS: Geraldine Crisci, Marilynn Lay, and Liana Lowenstein



DESCRIPTION:

Paper Dolls and Paper Airplanes is a unique collection of more than 80 activities for mental health professionals working with sexually abused children in individual or group therapy sessions. The activities use paper, crayons, stickers, puppets, music, and other items and are designed to lower the threat level of the treatment process, helping children to heal. Activities are divided into age groups preschool, latency, preteen, and teen to take into account developmental differences, and each activity includes a materials list, directions, and discussion questions. The book discusses topics such as defining sexual abuse, relationships with family and friends, identifying and coping

with feelings, disclosure and documentation, responsibility, personal safety, and self-esteem. Noting that saying goodbye is as important as saying hello, the authors also include information on transitions and graduations.

Paper Dolls and Paper Airplanes provides clinicians with activities and ideas that they can integrate into any sexual abuse treatment framework.

IMPACT ON MY PRACTICE:

I learned about this book from my master's level practicum and internship site where I did children's therapy with children who were victims of sexual trauma. This book provided developmentally appropriate activities to do in the individual and group settings. The book provides various categories of activities based on where the child is in the therapeutic process.



Dr. Kori Babel with “The Dude!”

FAVORITE QUOTE:

"You can **DISCOVER**
more about a
person in an **hour**
of **play** than in a
year
of **conversation.**"

Plato

FAVORITE ACTIVITY

Emoji Feelings

One of my favorite activities that I use early on in the counseling relationship is Emoji Feelings. I took emoji stickers similar to these



and put them on plain index cards and laminate them. During the session, I give the client a dry erase marker and I have them identify how the emoji is feeling and write it on the card (spelling does not matter). This set allows me to assess the client's levels of awareness of various emotions. The 2nd step that I do is have the client assign an emoji to the important people in their life (including any "bad" people). This helps me some of the client's perception of the people in their life. During this step the client may identify some parenting strengths or weaknesses that can be brought to the parent's attention.

Dr. Kori Babel

AAPT Regional Workshop!!!

Alabama Association for Play Therapy (AAPT)

presents:



Creative and Play Therapy Interventions

WHEN: Friday, August 18th, 2017

WHERE: St. Vincent's Bruno Conference Center-
810 St. Vincent's Dr., Birmingham, AL 35205

LEARNING OBJECTIVES AND GOALS OF THE WORKSHOP:

This workshop will consist of 6 1hr long presentations on different topics using creative and play therapy interventions with different populations. The sessions are as follows:

- Using Creative and playful interventions in disaster relief populations
- Using bibliotherapy with Creative and Play Directives
- Animal Assisted Play Therapy
- Using Music in Creative and Play Therapies
- Using Art in Creative and Play Therapies
- Tailoring These Interventions for use with Teens

Learning Objectives: Upon completion of this workshop, participants will be able to:

- Describe the usefulness of incorporating creative and play therapy interventions when working with clients.
- Gain an understanding of using integrative creative and play therapy techniques.
- Implement at least five new creative and play therapy interventions in sessions.

| | | |
|------------------|--------------------------|------------|
| SCHEDULE: | Registration/Coffee..... | 8:30-9:00 |
| | Workshop Session..... | 9:00-12:00 |
| | Lunch (PROVIDED)..... | 12:00-1:00 |
| | Workshop Session..... | 1:00-4:00 |

ABOUT THE PRESENTERS:

Presenter names and credentials corresponding to the session number listed in learning objectives and goals

- Lisa Elliott, MA, LPC-S, Registered Play Therapist Supervisor, NCC, Certified TF-CBT Therapist
- Heather Hardeman, MA, LPC, Registered Play Therapist, TBRI® Practitioner, Certified TF-CBT Therapist
- Dr Korinne Babel, PHD, LPC, Registered Play Therapist, NCC, Certified TF-CBT Therapist
- Dr James Jackson Jr., PHD, LPC-S, Registered Play Therapist Supervisor, NCC
- Hallie Keel, MA, LPC
- Stephanie Bales, MA, LPC, Registered Play Therapist

DRIVING DIRECTIONS:

The conference will be held at St. Vincent's Bruno Conference Center- 810 St. Vincent's Dr., Birmingham, Al 25205. For more detailed directions go to:
<http://www.brunoconferencecenter.org/parking.asp>

PARKING:

Workshop participants can park in the North Tower Parking Deck, additional parking is available in the Women's and Children's Center parking deck. Parking is \$6 for the day.

Continued on next page

LUNCH:

BOXED LUNCH WILL BE PROVIDED from 12:00-1:00

SPECIAL NEEDS:For special needs: Cathy Foss at 205-563-0555, catgracefo@aol.com Registration and CE Coordinator**CANCELLATIONS:**

Registrants canceling up to 48 hours before a workshop will receive a tuition refund less a \$20 administrative fee, or if requested, a voucher good for one year for a future workshop. All requests must be made in writing or by email. No refunds issued for any reason after August 17th, 2017. In the unlikely event the workshop cannot be held, registrants will receive complimentary admission to a rescheduled workshop or a full value voucher, good for one year, for a future workshop.

CONTINUING EDUCATION:

Six Contact Hours will be awarded for full day of attendance. No partial credit will be awarded.



Counselors: Alabama Association for Play Therapy (AAPT) has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6211. Programs that do not qualify for NBCC credit are clearly identified. Alabama Association for Play Therapy is solely responsible for all aspects of the programs.

Marriage and Family Therapists: The Alabama Board of Examiners in Marriage and Family Therapy (ABEMFT) automatically approves courses that are NBCC approved for CE credit.

Play Therapists: AAPT is approved by the **Association for Play Therapy (APT)** to offer continuing education specific to play therapy. APT Approved Provider No. 98-045.

Social Workers: AAPT is approved by the **Alabama State Board of Social Work Examiners (ASBSWE)** to offer continuing education to social workers. ASBSWE Provider No. 0284.

REGISTER EARLY - SEATING IS LIMITED! Spaces are not guaranteed until your registration is processed. Mail in registration must be postmarked by August 11th, 2017. Online Registration deadline is Monday, August 14th, 2017. **NOTE: Rates go up \$20 after Friday, August 11th, 2017.**

If you are interested in membership, please send a separate check made out to APT for dual membership in APT (Association for Play Therapy Association) and AAPT (Alabama Association for Play Therapy) along with your completed membership application. Membership applications are available on line or from membership chairman *Stephanie Bales*, stephbales@gmail.com.

**** ONLINE REGISTRATION DEADLINE IS MONDAY, August 14th, 2017.**

| | <u>Online/Mail In Postmarked by August 11th, 2017*</u> | <u>After August 11th, 2017</u> |
|--------------------|---|---|
| AAPT/APT Member | \$70 | \$80 |
| Non-Member | \$90 | \$100 |
| Full time Students | \$50 | \$60 |

Group Discount \$10.00 per registrant for groups of 3 or more registering together. Please specify if registering as a group and identify group members and affiliation. Check or money order only if registering by mail. No Purchase orders accepted. Credit Cards accepted if registering online.

For mail in registration, complete the mail in registration form at

<https://alabamaplaytherapy.org/2017/07/16/1280/>

And mail with a check payable to:

**Alabama Association for Play Therapy (AAPT)
Cathy Foss
1807 Lancaster Rd.
Birmingham, Al 35209**

For REGISTRATION questions contact:

Cathy Foss at (205)563-0555 or catgracefo@aol.com

For QUESTIONS about this workshop contact:

Heather Hardeman at (205) 222-0728 or heatherhardeman@gmail.com

FOLLOW US ON FACEBOOK: www.facebook.com/Alabama.Play.Therapy
Stay up to date on all that is happening with AAPT!

To register on-line, go to the conference area of the website at

<https://alabamaplaytherapy.org/2017/07/16/1280/>

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