

March 2017



AAPT
Alabama Association
for Play Therapy

AAPT “BOARD BLAST”—Members Only!

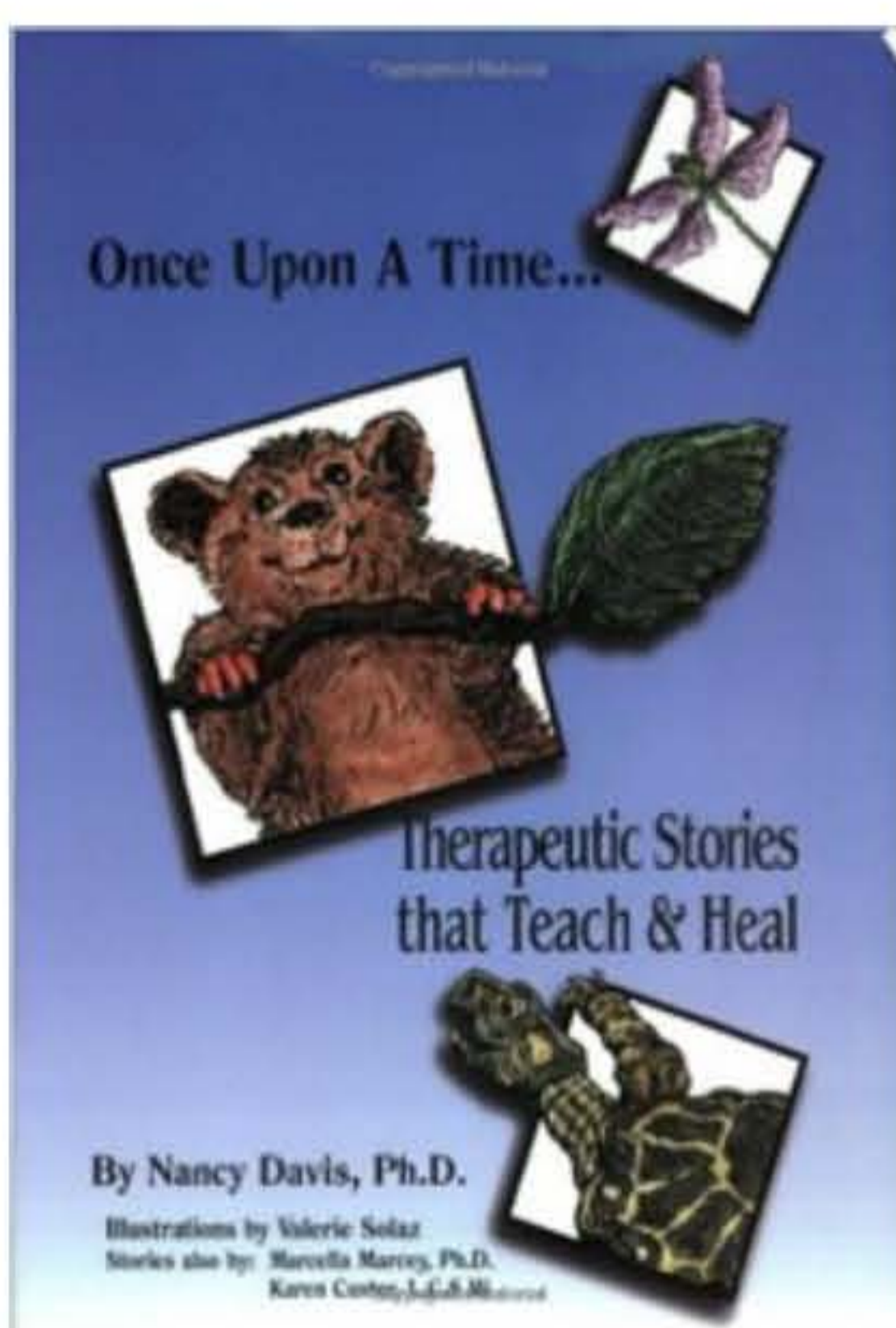
FEATURING COMMENTS FROM: Greg Bell, Ed.S., LPC-S, Registered Play Therapist, AAPT Board Member- Ethics and Bylaws

BOOK RECOMMENDATION

FOR: Assisting children, adolescents, and adults with a variety of problems and issues that may arise in therapy.

TITLE: Therapeutic Stories that Teach & Heal

AUTHOR: Nancy Davis, Ph.D.



BRIEF DESCRIPTION: Described on Amazon.com: A collection of 108 therapeutic stories with a variety of themes. Stories range from those appropriate for young children to those designed for adolescents and adults. Each story is accompanied by a cover page describing the meaning of symbols and metaphors used in the story, the types of problems for which it can be effective, suggestions for tailoring the story for a particular listener, and information on the reason the story was originally designed. Soft cover; 589 pages; published in 1996. The cost of this book was listed at approximately \$80.00

FAVORITE ACTIVITY

Creating stories and storytelling is one of the most useful tools I have found in play therapy. A conference I attended by Nancy Davis, the author of the book I have listed here, prompted me to start writing stories that assisted my clients with specific issues. Collaborative efforts in which the client develops the story with objects that I assign such as chess pieces, flowers, the different cards in a standard playing deck, or pretty much anything within reach, are always beneficial, both diagnostically and therapeutically.



FAVORITE QUOTE:

FAVORITE QUOTE—“As far as we can discern, the sole purpose of human existence is to kindle a light in the darkness of mere being.”
C.G. Jung