

AAPT “BOARD BLAST”—Members Only!

FEATURING COMMENTS FROM:

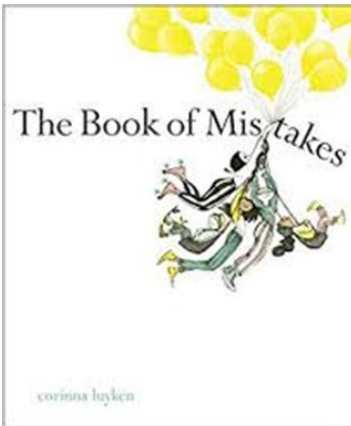
Amy Davis, NCC, AAPT Treasurer

BOOK RECOMMENDATION

FOR: Clinicians

TITLE: The Book of Mistakes

AUTHOR: Corinna Luyken



Brief Description: This beautifully illustrated tale of art gone wrong encourages the reader to view mistakes as opportunities. Published in 2017.

IMPACT ON MY PRACTICE

This relatively new book is beautiful and engaging. Children who struggle to overcome obstacles and to work past mistakes will be encouraged by the beauty that is created throughout the book each time a mistake is made. As an elementary school counselor, I like to use this book for children who think everything is going wrong. Through tenacity, the main character is able to make something beautiful in the end despite the mistakes. It is a wonderful concrete example to share with children. I also like to use this book with children who are perfectionists. This helps them see that even mistakes can be turned into successes.

FAVORITE QUOTE: “...to ‘play it out’ is the most natural self-healing measure that childhood affords.” - Erik Erikson

FAVORITE ACTIVITY



My students absolutely enjoy playing Dr. Playwell’s Worry-Less Game. My 4-7 year olds really enjoy the monster finger puppets which often lead to play about what is bothering them. And, the cards are great discussion starters. This game is great for working children with all types of anxiety and worry.